# 2025 Canada Summer Games Team NT Cycling athlete selection criteria

The 2025 Canada Summer Games in Newfoundland & Labrador will provide an opportunity for Northwest Territories athletes to experience Canada's largest multi-sport event at a national level.

## Cycling NWT's goals are:

- 1. To create the atmosphere for our athletes to demonstrating positive spirit, mutual respect and becoming role models for our communities in the North.
- 2. To provide NWT athletes with the experience of a high level of competition with support prior to and at the Canada Summer Games.
- 3. Sharing the experience of the Canada Games with Northerners through Media, Social Media and live streaming.

Date of team selection (mountain bike and road)

Team NT cycling athletes will be selected no later than June 30, 2025.

Conditions of athlete selection

Selection to the 2025 Canada Summer Games NWT cycling team does not guarantee high performance program funding.

Cycling NWT reserves the right to modify the 2025 Canada Summer Games Team NT cycling athlete selection criteria as it deems necessary where a criteria for the selection is no longer deemed appropriate. In the event that the selection criteria is modified, Cycling NWT will post an announcement on our website announcing the changes.

Athletes can try out for and be selected for both the mountain bike and road team.

#### Mountain bike

Canada Summer Games competition dates: August 17-25, 2025

Races: Cross country, Team Relay, Short Track

Participants: 3 female/3 male,

6 is the maximum mountain bike team size. Cycling NWT reserves the right to alter team size due to non-performance, lack of commitment to training/racing or unacceptable behavior at training, races and outside competitions.

#### Age limits

born 2005-2009, NT permitted one U23 athlete: 2003 or later

# Equipment requirements

Mountain bike

For further information, refer to the 2025 Canada Summer Games Cycling Mountain Bike Technical Package.

## Eligibility criteria

#### Athletes must:

- Need to be a member of Cycling NWT
- Meet all eligibility requirements outlined in the <u>Technical Package</u>.

Athletes will be scored on their best time/result across all events, including the following:

- 4 Canada Summer Games trials mountain bike races sanctioned by Cycling NWT (date TBD).
- A minimum of 3 events is required for scoring.

Cycling NWT encourages potential team members to participate in other cycling competitions whenever possible. Participants will have the option to drop their worst result out of the 4 races, meaning only their 3 best race points will count towards their final score.

- Demonstrate the ability to consistently ride features that are found on XCO courses on an athlete's chosen race bike
- Attend 100% of training sessions with the Cycling NWT Team NT before the 2025 Canada Summer Games
- With assistance from the Team NT Head coach, create, participate in and follow a training plan, if an athlete already has their own coach, they will review this plan with the Team NT Head coach.
- Train on their mountain bike, road bike and in other sports (such as running, skiing, swimming and team sports) to ensure sufficient preparation.
- After the riding and race season starts, ride with other potential mountain bike team athletes and skilled adults as per the training plan.
- Demonstrate good behaviour and understand that athletes represent the NWT at all times. Unsportsmanlike behaviour will not be tolerated from either athletes or parents. If necessary, a performance bond will be required if behaviour is a concern to Cycling NWT. This bond will be based on the cost of a return air travel ticket at the athlete's expense. Refer to the Team NT handbook for more information.

Points will be awarded based on race finishing positions, as determined by the committee. The point distribution is as follows:

1st Place: 5 points 2nd Place: 3 points 3rd Place: 2 points

4th Place and below: 1 point

These points will be used to calculate the overall standings for each athlete based on their best results across the events. In the event that two or more athletes are tied with the same number

of points, the best aggregate race times will be used to break the tie. This ensures a fair and competitive ranking process for all participants.

#### Team selection:

- 1. Winner on Overall Points
- 2. Second on Overall Points
- 3. Committees choice

Performance, participation, commitment and behavior in training/practices/races will factor into an athlete's selection to Team NT.

Up to 2 reserves will be nominated as Committees Choice.

If you have questions, contact info@cyclingnwt.ca

### Road

Canada Summer Games competition dates: August 8-17, 2025

Races: Individual Time Trial, Road Race, Criterium

Participants: 4 female/4 male, 1 wildcard (either male or female)

9 is the maximum road team size. Cycling NWT reserves the right to alter team size due to non-performance, lack of commitment to training/racing or unacceptable behavior at training, races and outside competitions.

#### Age limits

• born 2005-2009, permitted up to two (2) U23 athletes, born 2003 or later

# Equipment requirements

Road Bike

## Eligibility criteria

#### Athletes must:

- Need to be a member of Cycling NWT
- Meet all eligibility requirements outlined in the <u>Technical Package</u>.

Athletes will be scored on their best time/result across all events, including the following:

- 4 Canada Summer Games road bike races sanctioned by Cycling NWT (date TBD).
- A minimum of 3 events is required for scoring.

Cycling NWT encourages potential team members to participate in other cycling competitions whenever possible. Participants will have the option to drop their worst result out of the 4 races, meaning only their 3 best race points will count towards their final score.

- Demonstrate the ability to consistently ride features that are found on road races on an athlete's chosen race bike
- Attend 100% of training sessions with the Cycling NWT Team NT before the 2025 Canada Summer Games
- With assistance from the Team NT Head coach, create, participate in and follow a training plan, if an athlete already has their own coach, they will review this plan with the Team NT Head coach.
- Train on their mountain bike, road bike and in other sports (such as running, skiing, swimming and team sports) to ensure sufficient preparation.
- After the riding and race season starts, ride with other potential road bike team athletes and skilled adults as per the training plan.
- Demonstrate good behaviour and understand that athletes represent the NWT at all times. Unsportsmanlike behaviour will not be tolerated from either athletes or parents. If necessary, a performance bond will be required if behaviour is a concern to Cycling NWT. This bond will be based on the cost of a return air travel ticket at the athlete's expense. Refer to the Team NT handbook for more information.

Points will be awarded based on race finishing positions, as determined by the committee. The point distribution is as follows:

1st Place: 5 points 2nd Place: 3 points 3rd Place: 2 points

4th Place and below: 1 point

These points will be used to calculate the overall standings for each athlete based on their best results across the events. In the event that two or more athletes are tied with the same number of points, the best aggregate race times will be used to break the tie. This ensures a fair and competitive ranking process for all participants.

#### Team selection:

- 4. Winner on Overall Points
- 5. Second on Overall Points
- 6. Third on Overall Points
- 7. Committees choice

Performance, participation, commitment and behavior in training/practices/races will factor into an athlete's selection to Team NT.

Up to 2 reserves will be nominated as Committees Choice.

If you have questions, contact info@cyclingnwt.ca